





## This Friday: Alpha Is Cooking for You!

**Cookout:** Fri, Sep 23 | 6:00 pm **Course:** Fri(s), Sep 30 - Nov 18 | 6:00 pm

Alpha is an open and welcoming place to make friends, ask questions, and freely discuss what Christianity is all about. Each night there's food, a talk, and small group time. You're especially welcome if you're exploring faith and/or you're new to Truro. Come with your friends to our Alpha Cookout to get a taste! And give Alpha a try at the first session on Fri, Sep 30.

*Note: Alpha is for adults 18 and over. Kids and teens are welcome to join the Kids Olympics, which runs at the same time as Alpha!*

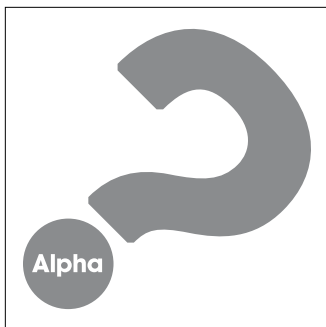
**i** More info at [truroanglican.com/alpha](http://truroanglican.com/alpha). Signing up helps us plan, but come whether you sign up or not!



## While You're at Alpha, Your Kids Can Join the Olympics Team!

While you're eating, talking, and making friends, your kids will be loving our new Kids Olympics program for K through 6<sup>th</sup> grade. There will be games, crafts, stories—and that's just the beginning! Matt Desmarais, much loved by kids on Sunday mornings, is putting together so much fun that your kids will be begging to come on Friday nights. Teens can come and help with the younger kids, and, of course, we have childcare for the littler ones. We'd love to see the whole family on Friday nights!

**i** Questions? Matt Desmarais, [mdesmarais@truroanglican.com](mailto:mdesmarais@truroanglican.com).



## Pitch In and Have Fun—Be Part of the Alpha Olympics Team!

Alpha is fun whether you're a guest or you're working behind the scenes—really! Serving at Alpha is a great way to meet people and to find friends. For this course, we need more people to be part of the Kids Olympics with Matt Desmarais. If you can come for all eight weeks of the course, that would be amazing! If you can come for just one night or for several, that would be amazing too! Think about having your family serve for even one night of Alpha. Adults and teens can be part of the team, and younger kids can enjoy the fun. Serving is a whole other way to try Alpha!

**i** To join the team, look for the friendly people in the red t-shirts with red clipboards after the 9:00 and 11:15 am services! You can also email Matt Desmarais at [mdesmarais@truroanglican.com](mailto:mdesmarais@truroanglican.com).



Alpha Cookout: Fri, Sep 23 | 6:00 pm Evening Alpha: Fri(s), starting Sep 30 | 6:00 - 8:00 pm  
Find out more about Alpha at [truroanglican.com/alpha](http://truroanglican.com/alpha).

## DISCIPLESHIP

### Discipleship Classes: Sunday Morning Opportunities to Grow in Your Faith

On Sunday mornings between the 9:00 and 11:15 am services, Truro offers several different courses designed for adults interested in learning more about the faith. All of the current courses are noted in the worship guide on the front page. The Apostles' Creed is our foundational class for the fall—if we put it in university terms, this course is a 100-level course. At the 200 level, we offer Anglican Essentials and Signs of Love. And the 300-level course for the fall is "Why Luther Still Matters." Join one of these courses at any time.

### Apostles' Creed Course: For Adults and for Youth in the Confirmation Process by Mike Seawright

Do you need to brush up on your theology basics? Or are you preparing for Confirmation? The Apostles' Creed course is an adult education class covering this foundational Christian creed. Using a mixture of lecture and discussion, the course is suitable for the long-time Christian looking to get back to the basics, the newer Christian looking to learn more about the Christian faith, and everyone in between. The course meets on Sunday mornings at 10:30 am in the Conference Room (2<sup>nd</sup> floor of the education building). This course also serves as the first component of Confirmation for youth.

**i** For more information, email Mike Seawright at [mseawright@truroanglican.com](mailto:mseawright@truroanglican.com).

## MISSIONS



### Cuban Pastors Grateful for Truro Team

Our rector recently received a letter signed by 30 Cuban pastors, thanking Truro for the team that José Garrigó brought to Guantanamo in June. José is the Director of International Ministries here at Truro. The letter says, "Every pastor and missionary from the different denominations was blessed with the training." Truro is blessed to have had this opportunity to minister in Cuba.

## FAMILY MINISTRIES



### Anglican Family Symposium Coming to Truro

What does the Bible have to say about raising children in the faith? How can the Church support families as units of discipleship and mission? How do families fit into God's plan of redemption? These questions will help shape the second annual Anglican Family Symposium, Sep 28 - 30, right here at Truro! This conference, sponsored by the Anglican Church in North America (ACNA), is designed to help both ministry professionals and lay people faithfully lead and point families towards Jesus. Of particular note, the Rt. Rev. Dr. Graham Tomlin will open the symposium on Wednesday with a session on "Luther, Marriage, and the Nature of Love."

**i** For more information and to register, go to [anglicanfamily.com](http://anglicanfamily.com).

## MARRIAGE



### Marriage Prep Course: Prepare for the Best Marriage You Can Have!

Sun(s), Oct 2 - 30 | 1:00 - 3:30 pm  
\$100/couple

Join this practical course on Sunday afternoons in October. Lunch is included every week. Cost is \$100 per couple.

**i** Register online on The City, at [truroanglican.com/marriage](http://truroanglican.com/marriage), or email Michelle Shalita, [mshalita@truroanglican.com](mailto:mshalita@truroanglican.com).

## Save the Date

### SEPTEMBER

- 20 Moms Connect  
7:00 pm | Common Grounds
- 22 Choir Rehearsal  
Thu(s) | 7:30 - 9:00 pm
- 23 Alpha Cookout  
6:00 - 8:00 pm | Truro Campus
- 27 Young Adults Dinner & Worship  
7:00 pm | Gunnell House
- 28 Anglican Family Symposium  
thru Sep 30 | Truro Campus
- 30 Alpha Begins  
6:00 - 8:00 pm | Undercroft

### OCTOBER

- 2 Marriage Prep Course Begins  
1:00 - 3:30 pm | Common Grounds
- 6 Women's Study on Jeremiah Begins  
9:30 - 11:30 am | Conference Room
- 15 Fun Run + Fall Festival  
Truro Campus

## Yes, there is Kids Sunday School!

Bring your kids at 10:30 am every week. Come to the Family Ministries table on the patio for information on where to go!

## Sunday Read Ahead

Sept 25: Esther 3:1-6



Join Truro Online!

Visit our online community today.  
For help or more info, contact Karen Rummel, [krummel@truroanglican.com](mailto:krummel@truroanglican.com).

## WORSHIP



### Be Part of Truro's Choir by Andrew Cote

The Truro choir is a vibrant community of worshipers and worship leaders of all musical backgrounds, experience levels, and ages. We exist to point the congregation to Jesus every Sunday, through every song. Rehearsals are on Thursdays from 7:30-9:00 pm in the choir room, and we would love to have you join us. No previous background in choirs necessary. We'll make you feel right at home.

**i Email Andrew Cote, [acote@truroanglican.com](mailto:acote@truroanglican.com) for more info, or just show up on Thursday night!**

### Youth Choir

by Kirsten Boyd

Youth Choir is being offered this fall in a new format! Students can jump in for one or more sessions (a session includes 2 rehearsals and a Sunday offering) throughout the fall on Sunday nights at 5:30 pm, right before Youth Group.

Youth Choir is for grades 6-12, and we would LOVE to have some new members join us! Great community, great music and great food. What more could you ask for?

**i Questions? Email [kboyd@truroanglican.com](mailto:kboyd@truroanglican.com).**

### Dance

Truro Dance launched this past Tuesday with three separate classes under the direction of Kitty Morgan, who is assisted by Genna Walnut. Tiny Dancers (2-4 years old) rehearse from 4:30-4:50 pm, K-3<sup>rd</sup> grade from 5:00-5:45 pm, and 4<sup>th</sup>-8<sup>th</sup> grade from 5:55-6:45 pm. You can still jump in this coming Tuesday if you'd like!

**i To register, visit [www.truroanglican.com/dance](http://www.truroanglican.com/dance)**