

## **You Shall Again Praise Him (Ps. 43)**

August 2, 2026 – Jamie Brown

Truro Church

### **Discussion & Reflection Questions**

- 1) At the beginning of the sermon, Jamie said that faith doesn't protect us from suffering. So, what is the purpose of faith?
- 2) In v. 3, the psalmist asks God, "Send out your light and your truth; let them lead me ...." As you consider psalmist's predicament in Psalms 42 and 43 (which go together), why would light and truth be especially helpful to him?
- 3) Jamie talked about the need for articulating our anguish to God. If we repress our anguish, it may manifest itself in other ways. When (perhaps recently) have noticed your unarticulated anguish come out in unhealthy ways?
- 4) Jamie mentioned "optimists" and "fatalists."
  - a) Do you tend toward one of these extremes? How so?
  - b) What is the alternative for Christians to being either optimists or fatalists?
- 5) In vv. 3b-4, the psalmist describes the way in which he wants to worship God. Consider the ways in which you currently worship the Lord.
  - a) What is going well in your practice of worship?
  - b) What would help you be more engaged in worship?
  - c) If you identify a particular action to improve your engagement in worship, share that action with a prayer partner. Ask your prayer partner to check back with you in a week or so to see how things are going.