

Sermon Notes for Reflection and Discussion - John 14:1-7

March 1, 2026

I Am the Way, and the Truth, and the Life

[1] “Let not your hearts be troubled. Believe in God; believe also in me. [2] In my Father’s house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? [3] And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. [4] And you know the way to where I am going.” [5] Thomas said to him, “Lord, we do not know where you are going. How can we know the way?” [6] Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me. [7] If you had known me, you would have known my Father also. From now on you do know him and have seen him.” - John 14:1-7

1 - Observe

Read John 14:1-7 aloud. This is a familiar passage, yet pause to imagine it anew. If you were one of the disciples who heard these words, what would you think or feel? Would you too want to ask the question Thomas asked? And how would you feel about Jesus’ answer?

What in this brief passage strikes you? On this side of Jesus’ crucifixion, resurrection, and ascension, do you find it comforting? Confusing? Uncomfortable?

2 - Spokesperson v God

Jesus is not a spokesperson for God. He is God. And he speaks as God. John opens his account of Jesus’ life with these words, “In the beginning was the Word, and the Word was with God, and the Word was God” (John 1:1).

Though you know this, what is your response to this reminder? Is it amazing? Comforting? Overwhelming? Sobering?

3 - Trouble v Peace

Read again Jesus’ promise of peace in John 14:1. Jesus knows our hearts are prone to be troubled. What are the things troubling you? If you are in a group setting and you feel comfortable, perhaps you are willing to share these things with your group.

Life east of Eden is troubling. And the headlines scream, “Be troubled!” How do you care deeply about your family, friends, and neighbors; your work and your coworkers; current events locally, nationally, and globally; and abuse, hatred, injustice, oppression, prejudice, and violence without losing heart? With knowing and experiencing the peace of God?

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4 - A Place

Jesus' promise of a place for us is actually two-fold. How? Jamie Brown stated, "Jesus is the keeper of Psalm 23:6." What does that mean? How does it relate to John 14:2-3? Is it a comfort to you? Why or why not?

And Jesus promises a place for you now. Where? In Christ! What does that mean? See John 17:3.

In Romans, Paul explains "in Christ" through the lens of a legal and spiritual shift. He argues that being in Christ changes our fundamental identity from being "in Adam" (subject to death) to being "in Christ" (subject to life).¹

See 2 Corinthians 5:17. How does actually being "in Christ" shape how you see the Lord? Yourself? Your circumstances? Your future?

5 - The Way

What is your response to Jesus' statement, "No one comes to the Father except through me" (John 14:6). Many find this exclusivity - the only way to eternal life - offensive. That was true then in the Greek and Roman polytheistic culture, and that is true now in the culture of moral relativism. How have you come to terms with this statement? Have you found yourself in the position of explaining it - or defending it - to others? If so, what have you learned about how to communicate it?

¹ Paul's In Christ Theology Explained, [Gemini](#)