

### **Introduction:**

Steve begins with a discussion of shouting for joy, intended for Truro kids but helpful to all.

Consider the phrase “shouting for joy.” What kind of joy brings about a shout? What might cause you to shout for joy?

### **1 – Forgiven and Free**

Steve begins with this first admonition – live forgiven and free, not crushed by the weight of guilt or shame.

Why do guilt and shame crush us? Do they ever have their place?

How does Jesus do away with guilt and shame?

### **2 – Blessed are the Forgiven**

David says that the one who is forgiven is blessed. Why is that? How is forgiveness a blessing?

Or better, how is it a curse to not be forgiven? Where does that leave you, in this life and the next?

How does confession lead to forgiveness? Why is confession necessary?

### **3 – Humble and Teachable**

Steve points out that prayer is an act of humility, acknowledging that God is God and you are not.

How are our prayers often proud? What would be a “proud” prayer? What would be a humble prayer?

How can we cultivate humility through prayer?

### **4 – Shouts of Deliverance**

Jesus says that “there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance” (Luke 15:7). Heaven shouts when a sinner repents.

Why? Why is there so much joy over lost souls coming home? Considering our discussion of shouts of joy earlier, what kind of joy is there over lost souls?

Are there truly any “righteous persons” who need no repentance?

### **5 – Be Glad, Not Sorrowful**

Life has difficulties, but the Lord will deliver the righteous from them all, David says.

Will that deliverance always come in this life?

Why can we still have joy, even knowing the dangers and evil of this life? How does Jesus make every day worth it?

**Scripture Passage:**

## **Blessed Are the Forgiven**

### **A Maskil<sup>[a]</sup> of David.**

**32** Blessed is the one whose transgression is forgiven,  
whose sin is covered.

<sup>2</sup> Blessed is the man against whom the LORD counts no iniquity,  
and in whose spirit there is no deceit.

<sup>3</sup> For when I kept silent, my bones wasted away  
through my groaning all day long.

<sup>4</sup> For day and night your hand was heavy upon me;  
my strength was dried up<sup>[b]</sup> as by the heat of summer. *Selah*

<sup>5</sup> I acknowledged my sin to you,  
and I did not cover my iniquity;  
I said, "I will confess my transgressions to the LORD,"  
and you forgave the iniquity of my sin. *Selah*

<sup>6</sup> Therefore let everyone who is godly  
offer prayer to you at a time when you may be found;  
surely in the rush of great waters,  
they shall not reach him.

<sup>7</sup> You are a hiding place for me;  
you preserve me from trouble;  
you surround me with shouts of deliverance. *Selah*

<sup>8</sup> I will instruct you and teach you in the way you should go;  
I will counsel you with my eye upon you.

<sup>9</sup> Be not like a horse or a mule, without understanding,  
which must be curbed with bit and bridle,  
or it will not stay near you.

<sup>10</sup> Many are the sorrows of the wicked,  
but steadfast love surrounds the one who trusts in the LORD.

Sermon Notes for Reflection and Discussion: Psalm 32

<sup>11</sup> Be glad in the LORD, and rejoice, O righteous,  
and shout for joy, all you upright in heart!

**Transcript:**

There is no transcript this week.