

Introduction:

Jamie begins with a discussion of what *needs* to be true, of what we need in order to have any hope – we need to know that joy comes in the morning.

Why? Why do humans need hope? Can we live without it?

1 – The Promise

Jamie notes that the promise of the Bible is that, for the believer, the suffering of this world will be replaced with the joys of Christ. If Jesus is alive, Jamie says, then this promise is true.

Psalm 16:11 states that at God's right hand are "pleasures forevermore."

Why does God replace our suffering with joy in the end? Why is God the source of joy?

What about him makes him our joy? Is this always obvious?

2 – A Resurrection Story

Jamie notes that David, in Psalm 30, recognizes that a living God resurrects. This is the story of every believer. One who was dead made alive again by God.

How has that story played out in the Bible? Do we see in the Old Testament? If so, where?

How has it played out in the lives of Christians from the New Testament to now? How about in our lives?

3 – To Die is Gain

Jamie recognizes that without Christ's resurrection, death is loss. But, as he quotes from Philippians, Paul recognizes that to live is Christ and die is gain. This is only true because of the fact that Christ is alive.

Why does Christ's resurrection mean we have hope? Why was the resurrection necessary?

How does Christ's resurrection affect us now?

4 – A Resurrection Song

Jamie explains that we give thanks to God because Jesus has received all of his wrath. We are no longer under the wrath of God, and this is our hope.

Why does this give us hope?

If we have been saved, how ought we to respond in praise?

5 – Eyes of Faith

Sermon Notes for Reflection and Discussion: Psalm 30

Jamie reminds us that the world will be filled with sorrow, as Jesus tells us in John 16. However, what Jamie calls the “eyes of faith” allow us to see the world as it truly is – headed towards redemption.

How does one grow an eye of faith? How does one see the world as headed towards redemption?

This is easy during the day. What about during the night?

How do we grow our eyes of faith for the dark times?

Scripture Passage:

I will extol you, O LORD, for you have drawn me up
and have not let my foes rejoice over me.

² O LORD my God, I cried to you for help,
and you have healed me.

³ O LORD, you have brought up my soul from Sheol;
you restored me to life from among those who go down to the pit.^[a]

⁴ Sing praises to the LORD, O you his saints,
and give thanks to his holy name.^[b]

⁵ For his anger is but for a moment,
and his favor is for a lifetime.^[c]

Weeping may tarry for the night,
but joy comes with the morning.

⁶ As for me, I said in my prosperity,
“I shall never be moved.”

⁷ By your favor, O LORD,
you made my mountain stand strong;
you hid your face;
I was dismayed.

⁸ To you, O LORD, I cry,
and to the Lord I plead for mercy:

⁹ “What profit is there in my death,^[d]
if I go down to the pit?^[e]

Will the dust praise you?

Will it tell of your faithfulness?

¹⁰ Hear, O LORD, and be merciful to me!
O LORD, be my helper!”

¹¹ You have turned for me my mourning into dancing;
you have loosed my sackcloth
and clothed me with gladness,

Sermon Notes for Reflection and Discussion: Psalm 30

¹² that my glory may sing your praise and not be silent.
O LORD my God, I will give thanks to you forever!

Notes on Transcript:

Jamie diverted from his sermon transcript at numerous points during the live rendition on Sunday. Therefore, no transcript has been added to these questions, which are fully based on his sermon as given. However, at the link below (from Truro's website) one can find the video and audio recording from his deliverance of the sermon by clicking [here](#).